

# Community Hub Outreach Timetable

<b>Tuesday:</b> Fazakerley Federation & Library Formosa Drive, L10 7LQ	<b>Wednesday:</b> Triple C, Christ Church Sedgemoor Road, L11 3BR	<b>Friday:</b> Triple C, Christ Church Sedgemoor Road, L11 3BR
10am – 12pm Blossoming* Wellbeing course (Library) *Women only Free sing and rhyme time (Library) Food Pantry (FED)	10am – 11.30am Little Lambs Toddler Group Tiny Teeth (children’s dental health support) 10am – 12pm Norris Green Debt Advice (drop-in)	10am – 11.30am Brekkie and Brew Friday Crochet Club Games Club
10am – 12pm Budgeting for Beginners (Fed) Social Prescribers/Link workers (Library) Men’s Shed morning (FED) Volunteering @ Karonga Gardens	11.30am – 12.30pm Smoke Free Advice (Cobalt staff)	11am – 2.30pm Energy Projects Plus (3 <sup>rd</sup> Friday of the month)
11am – 2.30pm (Library) Energy Project Plus (1 <sup>st</sup> Tues of month)	12pm – 1pm Chair-based exercises for all	12pm – 1pm Community Boccia
1pm – 3pm Community Art (Library) Liverpool in Work (Library) Boccia (FED)	10am – 1pm Norris Green Debt Advice (drop-in)	
5.15pm – 6.45pm Communities Together Choir (Held at The Church of the Good Shepherd, Lower House Lane, L11 2SF)	1pm – 2.30pm ‘Shared Plates and Shared Stories’ ESOL - English Conversation over lunch All welcome	All Hub enquiries can be made to <a href="mailto:communityhub@cobalthousing.org.uk">communityhub@cobalthousing.org.uk</a>

**COLOUR CODE:**

Dark blue text:  
Cobalt Hub sessions

Teal text:  
Various events held at the venue

Events will be held at various locations throughout our communities